



Dr. Suzanne Nixon  
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Leesburg, Virginia 20176

December 15<sup>th</sup>, 2021

Dear Clients,

I hope you are enjoying the pre-holiday celebrations and will be able to spend time with family and friends.

Below are my holiday hours. Please note that I am working the week of the 20<sup>th</sup> up until Christmas Eve.

During the break I do offer a few appointment hours for clients who would like to schedule an appointment. As of right now I plan on working Monday the 27<sup>th</sup> (daytime hours) and the morning of Friday the 31<sup>st</sup>. If you anticipate wanting an appointment, please let me know as soon as possible.

In the office: Monday, December 20<sup>th</sup> – Thursday, December 23<sup>rd</sup>

In the office part time: Monday, December 27<sup>th</sup> and Friday, Decembers 31<sup>st</sup>

I will be returning to the office for my regular client hours on Monday, January 3<sup>rd</sup>.

I raise my rates every year or every other year. Given I am a solo therapist in private practice, I decided to investigate the counseling rates of therapists in our area. I realized the counseling fees of my colleagues (with the equivalent credentials and years' experience as me, or in several cases, less), were considerably higher than my current rate. These colleagues also do not participate with insurance companies.

2021 - Private practice therapists in Loudoun & Fairfax County

MS, EdD, PhD - \$190. - \$215. for a 50-mins session

2021 – Mental/Behavioral Health Centers - \$195. - \$275. For a 50-mins. session (however most take insurance)

Currently my rates are,

\$175. Per 50-mins. individual session

\$260. Per 75-mins. session

\$180. Per 50-mins. couple, parent or family session

\$265. Per 75 mins. Couple, parent or family session

Beginning January 3<sup>rd</sup>, my new rates will be,

\$190. Per 50-mins. individual session

\$285. Per 75 mins. Session

\$200. Per 50 mins. couple session

\$300. Per 75 mins. couple session

TO ALL CURRENT CLIENTS, GIVEN THIS RATE INCREASE,

If this presents a hardship for you my fee will not increase until February 1<sup>st</sup>.

I understand therapy is expensive and honor your decision and commitment, (or your decision on behalf of your child) to be in counseling to improve your mental/emotional well-being or improve your relationship. I sincerely care about you, as well as all my clients, and do not want you to discontinue counseling because of the fee increase.

If the February 1<sup>st</sup> rate time frame is still presenting a financial challenge, we can discuss further and make a special arrangement.

I look forward to seeing you in the New Year. May you be well and may you enjoy the holidays.

Kind regards,

Dr. Suzanne